2016-2017 HPAL COUNTY INVITATIONAL BASKETBALL LEAGUE
RULES AND REGULATIONS

OBJECTIVE

To provide inter-county competition for the youth in our community and to instill the ideals of good sportsmanship.

ELIGIBILITY / FEES

All children, coaches and volunteers must pay appropriate fees; fill out membership or volunteer application. Applications will be kept on file with HPAL. *There are limited numbers of scholarships. Scholarships will be given on a case by case situation upon completion of scholarship application and approval by the HPAL Board. All information will be kept confidential.*

PLAYER ROSTERS

Each player must fill out a membership application and must appear on a certified HPAL roster.

Player rosters will consist of a minimum of 12 players and a maximum of 15 players.

Players MUST **play 2 minutes in each half**. If a player does not play in the first half then that player will start the 2nd half *(and play the first 4 minutes of the second half)* **and** if a player does not play in the second half, *(the team will forfeit the game)* that player will start the following game and play the first 4 minutes of the first half and 4 minutes in the second half. Coaches must sign each others book at the conclusion of the game.

ONLY enter players that are present for the game in the scorebook.

ALL rosters are due OCTOBER 28, 2015. Rosters should have application, copy of birth certificate and payment attached. Player, parent and coach signature sheet stating that coaches have reviewed the Rules and Regulations and Code of Conduct.

Players can **NOT** be added to submitted roster, unless approved by HPAL. A player **MUST play (court time) 3/4** of the games in order to be eligible to play in the playoffs. Full payment and filling out all forms is required by all players. If forms are missing player will **NOT** be allowed to play participate in post season tournament. (* Questions, call HPAL.)
Any addition to roster must be approved by HPAL.

AGE DIVISIONS

16 AND UNDER - can not be 17 before April 1, 2017
14 AND UNDER - can not be 15 before April 1, 2017
12 AND UNDER - can not be 13 before April 1, 2017
11 AND UNDER - can not be 12 before April 1, 2017
10 AND UNDER - can not be 11 before April 1, 2017
8 AND UNDER - can not be 9 before April 1, 2017
– must be 6 years old by July 1, 2016

Players are allowed to play in **ONLY one team and one age division**.
HPAL Executive Board must approve any player changes between teams.
A player can play up, once a player plays up, the player can not play in a younger division.

MOVING UP TO NEW AGE DIVISION --- Draft teams and 16u Division*

– Any NEW or returning team can protect 3 players, including your child. ALL other players **MUST** participate in the Showcase. (*16u See BELOW)

(Does NOT apply to organized teams as they placed in separate division)

Each age group will have 2 divisions A – Draft teams --- B – Organized teams

Joint divisions may occur following enrollment

PROOF OF AGE

Must be City, County, State, or Federal certified birth certificate. Passport or a certified copy of the current school record with the child's date of birth signed by the principal or assistant principal.

Proof of age must be on file with HPAL.

COACHING STAFF

Coaching staff will consist of no more than three (3) coaches. **All coaches** must submit a Volunteer Form for clearance. **Only the coaching staff** and **members of the team** are **allowed in the bench area**. The head coach is allowed to stand - assistants must stay seated.

Coaches who violate the player playing rule will be penalized. Chronic offenders will have to meet with the HPAL Board of Directors and should be prepared to give an explanation as to the rules violation. HPAL staff may stop a game of to verify that players are playing minimum required time.

First offense --- Warning

Second offense --- 1 game suspension that must be served working in the snack shack.

Third offense --- Meeting with Board of Directors -

(Suspension can result in multiple games or year ending suspension)

TEAM RESPONSIBILITIES (COACHES, PLAYERS AND PARENTS)

PHYSICAL ALTERCATIONS will not be tolerated before, during and after any HPAL event. Any one involved in a physical altercation will be immediately suspended from ALL HPAL events until such matter is reviewed by the Executive Board.

Coaches shall be responsible for the behavior of their parents, players and their own actions before, during and after the game.

Parents are responsible for their behavior / actions before, during and after the game(s) and at practices. If a parent(s) behavior becomes inappropriate during a game, the parent(s) will be removed from the gym and/or the gym will be cleared of ALL spectators. The game will be forfeited if a parent(s) refuse to leave the gym area.

If a parent(s) behavior becomes inappropriate during a practice, the practice will be terminated.

Parent(s) responsible for unsportsmanship conduct and/or disrupting a game or practice will **NOT** be allowed to participate in future HPAL functions until the HPAL Board reviews a request to participate.

If a coach is expelled from a game, the coach must leave the gym area and can not participate in that game. **Expulsion from a game is an automatic one game suspension;** Basketball Committee will review incident and determine if the suspension should be for more than one game.

TEAMS ARE RESPONSIBLE TO KEEP BENCH AREA CLEAN DURING AND AFTER THE GAME.

Team parents will be assigned responsibilities by the coach: The team parent will assign parents to work on the snack table, door, keeping score, the clock and clean up after each game. **BOTH** teams

HOME/VISITORS will be responsible to supply volunteers.

Coaches MUST enter first and last name and number in the scorebook or game will not start.

Players must remain on the bench during the game. If a player comes late that team will be assessed a Technical - other team shoots 2 free throws and gets possession.

Players are responsible for their behavior / actions before, during and after the game(s) and at practice(s). **Physical altercations, bullying and harassment behavior** will not be tolerated and player(s) will be suspended until incident is reviewed by the Basketball Committee. Additional penalties will be determined by Basketball Committee.

Any player expelled from a game will be suspended automatically for the next game; the Basketball Committee will review incident and determine if the suspension should be for more than one game. *(Suspension will be served on the bench unless advised differently)*

TIME OF PERIODS / TIME OUTS - - - HOME TEAM on RIGHT of schedule

Boys and Girls 8U DIVISION**

See insert

Boys 10U and Girls 11U DIVISIONS**

Draft Teams – 3 player protection

See Insert

Boys 12U, Boys 14U and Girls 14U DIVISIONS

Draft Teams – 3 player protection

Will play two **12 minute half's-stop time**

4 time outs per game

Press until 10-point lead and defense must fall back to three point line

Boys 16U DIVISION

NO Varsity players

Only 2 JV players allowed per team

Draft Teams – 3 player protection includes JV players

Will play two **14 minute half's-stop time**

4 time outs per game

Press until 15-point lead.

OVERTIME

3 Minute Period(s) -- (Second half penalties carry over, 1 additional time out (Federation Rules)

BLOOD RULE: SEE OFFICIAL BASKETBALL RULE BOOK

Each team will have an extra uniform to be used during a game. Uniform that has blood can NOT be used.

UNIFORMS

CAN NOT BE *ALTERED*, (NO WRITING PERMITED).UNIFORM SHIRTS MUST BE WORN. IF SLEEVES ARE CUT, THE UNIFORM IS ILLEGAL AND PLAYER CAN NOT PLAY.

***SHORTS* MUST BE WORN !!!!**

***NO JEWELRY* CAN BE WORN DURING PRACTICES AND DURING GAMES.**
***NO HAIR PINS OR BEADS* CAN BE WORN DURING PRACTICES AND DURING GAMES.**

PROTESTS

Absolutely NO protests will be allowed on judgement calls.

All protests must be stated during the game at the point of the protest AND must be written in the scorebook and signed by coaches of both teams and referees.

Protest must be submitted in writing, within 48 hours from the end of the game to HPAL, PO Box 238, Garnerville, NY 10923 – attention Division Coordinator. During playoffs and tournament competition protest must be decided before the next round.

A $50.00 dollar fee must accompany all protests. If the protest is upheld the fee will be returned, if the protest is disallowed the fee will go into the HPAL Basketball Account.

The Basketball Committee must make a decision on a protest and their decision is FINAL.

INELIGIBLE PLAYER

If for any reason a player is found to be ineligible, his/her team will forfeit any regularly scheduled game he/she has participated in, and the win(s) will belong to the opposing team(s) involved. During playoff rounds and tournament competition, if a player is found ineligible for any reason his/her team will only forfeit the protested game.

The head coach will be suspended and/or expelled from HPAL.

GRIEVANCE / PROTEST COMMITTEE

Grievances and protests must be submitted in writing to
HPAL, P.O. Box 238, Garnerville, NY 10923.

The Basketball Committee will handle protests – 3 HPAL Board members, division directors, 2 coaches and a basketball official not involved in the game.
The Grievance Committee will handle grievances – 5 HPAL Board members.

All Committee Members will be appointed by the HPAL President. If a committee member(s) is involved, such member(s) will be disqualified in the handling of said matter. The Committee shall have the right to impose sanctions; forfeits, suspensions and recommendations to expel from the league. The HPAL Board will have the FINAL decision on any recommendation or if a sanction is contested.

FORFEITS and GAME CHANGES

If a team has to change a game first they must seek approval from their League Director and then they have to call the team they are scheduled to play. If both teams agree on a date and/or time change then the team requesting the change WILL to call other teams involved. If game can NOT be changed then it will be played as scheduled. And finally that team will call the League Director who will verify the change via email with ALL the teams that are involved.

If game is forfeited. Team who has to forfeit WILL be responsible to pay officials FEE for that game and an additional fee of $50.00 before the next scheduled game.

PLAYOFF PLAYER PLAYING RULES:

For the playoffs this rule will be applied as follows**:**
This rule was adopted during the *2007-2008* coaches meeting.
If a player does not play 2 minutes in the first half they will play the first 4 minutes of the second half. The game will be stopped - **an officials time out** – (*before the 4th quarter starts or with 5 minutes to play) to verify that all players have played their allotted time - at this time any player who has not played will enter the game for their allotted time.* **PENALTY** - If a player does not play their allotted time. If you win - you will forfeit the game. If you lose the game penalties will be applied at a later date. Said player will start and play the first 4 minutes of the next game and the first 4 minutes of the second half of that same game.

Insert Code of Conduct

Insert 8u, B10u and G11u Game rules

*****CONCUSSION*****

All coaches and assistant coaches MUST complete the CDC Heads Up Concussion Course.
Anyone sitting on the bench must have completed and submitted the Concussion Course to HPAL
Link to CDC Heads Up Concussion Course is on the HPAL website.
IF a player is removed from a game/practice then that player needs a medical clearance before they can participate in any sport activity.
Medical note must be submitted to HPAL before player can participate in a practice or game.

TEAMS MUST SUBMIT THIS SIGNED SHEET WITH THEIR ROSTERS.

TEAM _____/ AGE DIVISION _____ 2016-2017

We have reviewed the **Rules and Regulations** and the **Code of Conduct** with the players and parents.

DATE _____

COACHES:

1. _____ 2. _____

3._____

PLAYERS: **PARENTS:**

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
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13. _____
14. _____
15. _____

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***SHORTS* MUST BE WORN. *NO JEWELRY* CAN BE WORN DURING PRACTICES / GAMES.**

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